



## POST RACE REPORT

FOR IMMEDIATE RELEASE

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### KIPKEMEI MAKES LATE RACE SURGE TO WIN MEN'S RACE; AREBA DEFENDS WOMEN'S TITLE WITH BIG WIN AT TBK BANK QUAD CITIES MARATHON

**MOLINE, IL** – A late surge during the final 10K propelled **Abraham Talam Kipkemei (Kenya)** to a 2:16:37 finish and overall title at Sunday's TBK Bank Quad Cities Marathon. **Damaris Areba (Kenya)** opened her lead in the fourth mile and never looked back enroute to her 2:32:18 win, some 15 minutes ahead of second place.



*Abraham Talam Kipkemei wins the TBK Bank men's marathon (photo JR Howell)..*



*Damaris Areba wins the TBK Bank women's marathon (photo JR Howell)..*

The men's race had an initial lead pack of five runners, opening the first 10K at 32:30 and running 1:08:50 through the half marathon. Just after this point, Kipkemei, along with **Nicholas Chelimo (Kenya)**

and **Kiplangat Terer (Kenya)** worked together in a three-man group. The trio continued together through 20 miles at 1:44:11. Kipkemei made his move on Arsenal Island and broke the pack at that point. Chelimo placed second in 2:18:41, while Terer was third in 2:18:59.

**Matt Lorenz (Swisher, IA)** was sixth early, but reeled in runners down the stretch to finish fourth with a solid 2:22:25. **Luke Kibet (Kenya)** rounded out the top-5 in 2:24:57.

Kipkemei ran the 10<sup>th</sup> fastest time ever in QCM history, averaging 5:12 per mile pace. The event record is held by Terer, from 2013, at 2:14:04.

In the best master's field in race history, Kipkemei broke the master's event record with his 2:16:37. The old standard was 2:30:52. Chelimo (2:18:41) and Kibet (2:24:57) placed second and third, respectively, to also did under the old mark.

Areba had a solid solo effort on the course with a 35:30 opening 10K, a 1:14:54 half split, a 1:54:54 mark at the 20-mile, before cruising in with her 2:32:18. The time was the second-best in race history. Areba holds the event record from a 2:30:29 win last year. Areba also broke the QCM record for largest margin of victory at 15:15. She ran 5:48 pace per mile.

**Agnes Amuron (Uganda)** was pulling away into sole possession of second by the half marathon (1:18:42), she finished out with a 2:47:33 for the runner-up position. Six-time former champion **Hirut Guangul (Ethiopia)** ran strong in contention for 16 miles, in a top-3 position, before withdrawing from the field. **Polina Hodnette (Chicago, IL)** and **Purity Munene (Kenya)** did run near each other for most of the race, including a 2:11:40 split at 20 miles. Hodnette then surged over the final 10K to secure third overall in 2:52:56. Munene was fourth in 2:58:19. **Anne Terranova (Glendale, WI)** rounded out the top-5 overall in 3:00:06.

Terranova won the master's division on the day. **Julia Adams (Peoria, IL)** was second in 3:14:52 and **E Vance Stalley (Chicago, IL)** placed third in 3:25:22.

Honors for the top local marathon runners went to **Phil Young (Davenport, IA)** at 2:59:22 and **Alyssa Farrell (LeClaire, IA)** at 3:13:41.

### **MARCOS, KWAMBOKA WIN MEN FOSTER CO. HALF MARATHON TITLES**

**MOLINE, IL – Jaime Marcos (Charleston, IL)** ran strong late to win the men's Mel Foster Co. Half Marathon Sunday in 1:05:18. **Flavius Kwamboka (Kenya)** came from behind to run 1:19:05 to record a 26-second win in the overall women's race. Marcos ran 4:58 pace per mile, while Kwamboka averaged 6:01.



*Jaime Marcos wins the 2023 Mel Foster Co. men's half marathon (photo JR Howell).*



*Flavious Kwamboka is the 2023 women's Mel Foster Co. half marathon champion (photo JR Howell).*

The event records in the half were untouched at 1:04:47 (men) and 1:14:23 (women).

Marcos was even with **Devin Allbaugh (Bettendorf, IA)** with a 30:50 opening 10K. Allbaugh finished with a solid effort and 1:06:45 finish time. **Jesse Davis (Omaha, NE)** rounded out the podium with his third place 1:08:11 time.

**Brooke Slayman (Solon, IA)** was an early leader in the women's race and posted a 36:05 opening 10K, she finished second overall at 1:19:31. Third place belonged to **Stephanie Brokaw (Macomb, IL)** with a 1:24:24 effort.

The top local half runners were Allbaugh, for the men, and **Marie Feehan (Bettendorf, IA)** on the women's side in 1:25:42.

## TOP FINISHERS AT THE 2023 QCM:

### MEN'S MARATHON

1.	Abraham Talem Kipkemei	Kenya	2:16:37
2.	Nicholas Chelimo	Kenya	2:18:41
3.	Kiplangat Terer	Kenya	2:18:59
4.	Matt Lorenz	Swisher, IA	2:22:25
5.	Luke Kibet	Kenya	2:24:57

#### WOMEN'S MARATHON

1.	Damaris Areba	Kenya	2:32:18
2.	Agnes Amuron	Uganda	2:47:33
3.	Polina Hodnette	Chicago, IL	2:52:56
4.	Purity Munene	Kenya	2:58:19
5.	Anne Terranova	Glendale, WI	3:00:06

#### MEN'S MASTERS MARATHON

1.	Abraham Talem Kipkemei	Kenya	2:16:37	* EVENT RECORD
2.	Nicholas Chelimo	Kenya	2:18:41	
3.	Luke Kibet	Kenya	2:24:57	

#### WOMEN'S MASTERS MARATHON

1.	Anne Terranova	Glendale, WI	3:00:06
2.	Julia Adams	Peoria, IL	3:14:52
3.	E Vance Stalley	Chicago, IL	3:25:22

#### MEN'S LOCAL MARATHON

1.	Phil Young	Davenport, IA	2:59:22
2.	Mike Ferguson	Davenport, IA	3:09:34
3.	Philip Moe	Geneseo, IL	3:14:41

#### WOMEN'S LOCAL MARATHON

1.	Alyssa Farrell	LeClaire, IA	3:13:41
2.	Sarah Vermillion	Eldridge, IA	3:29:40
3.	Katie Nimrod	Bettendorf, IA	3:42:32

#### MEN'S HALF MARATHON

1.	Jaime Marcos	Charleston, IL	1:05:08
2.	Devin Allbaugh	Bettendorf, IA	1:06:45
3.	Jesse Davis	Omaha, NE	1:08:11

#### WOMEN'S HALF MARATHON

1.	Flavious Kwamboka	Kenya	1:19:05
2.	Brooke Slayman	Solon, IA	1:19:31
3.	Stephanie Brokaw	Macomb, IL	1:24:24

#### MEN'S LOCAL HALF MARATHON

1.	Devin Allbaugh	Bettendorf, IA	1:06:45
2.	Mike Gille	Bettendorf, IA	1:08:44
3.	Dan Froeschle	Davenport, IA	1:09:28

#### WOMEN'S LOCAL HALF MARATHON

1.	Marie Feehan	Bettendorf, IA	1:25:42
2.	Josie Brown	Geneseo, IL	1:28:52
3.	Laura Miller	Bettendorf, IA	1:29:24

#### MEN'S 5K

1.	Rob Arsenault	Aledo, IL	18:12
2.	Jay Schalk	Davenport, IA	18:48
3.	Jackson Connors	Davenport, IA	19:08

#### WOMEN'S 5K

1.	Alysha Bartosh	Clinton, IA	21:09
2.	Noni Casillas	Davenport, IA	21:40
3.	Isabella Ruhl	Davenport, IA	21:42

#### MEN'S MILE

1.	Phil Young	4:44
2.	Ben Lloyd	4:48
3.	David Thompson	4:54

#### WOMEN'S MILE

1.	Amy Brogren	6:08
2.	Emma Beardsley	6:52
3.	Eleanor Goodin	6:59

#### MARATHON RELAY WINNERS

Men - Running Wild Elite	2:25:35
Women – Running Wild Elite	2:54:33